



Friday 17th May 2024

Dear Parents/Carers,

I hope that you all had a good week.

I am writing with my usual weekly letter of news and information. I can be contacted at exehead@aspire-kent.org.uk between 8am - 5pm Monday to Friday for queries and questions. Also Lauren my PA can be contacted at lriby@aspire-kent.org.uk. Any requests for meetings or appointments can be made through Lauren - thank you.

Mental Health Awareness Week 2024-

Moving is the theme this year for Mental Health Awareness week.

Across all four ASPIRE Schools children supported mental health awareness week with an off-curriculum focus day.

During this day yoga, mindfulness activities and Live BBC interactive sessions were delivered to support our children with their positive mental health strategies. This was such an important day, especially after our Year 6s have spent the week completing SATs!

Friends of the Honey Bee-

All four ASPIRE Schools are friends of the Honey Bee. We would like to highlight that World Bee day is on Monday 20th May.

Here are some interesting facts about Bees:



Did you know that bees have been the most vital pollinator on the planet for centuries? They're truly fascinating creatures! And if you think you know everything about them, wait until you hear these surprising facts...

1. Bees are responsible for pollinating 70% of the world's crops, which means that without them, our food supply would be in serious trouble.

2. Honeybees are not native to North America. They were brought over by European settlers in the 1600s.
3. Bees can recognize human faces and have a unique way of communicating with one another through dance.
4. A hive of bees can fly up to 55,000 miles to collect enough nectar to make one pound of honey.
5. Bees are capable of flying at speeds up to 15 miles per hour, and their wings beat around 200 times per second.

To help celebrate World Bee day children at Platts Heath will be invited to wear yellow on black on Monday 20th May to raise awareness.

1940's Weekend-

On **Saturday 18th and Sunday 19th May** Kent and East Sussex Railways are taking a step back in time to experience the 40's lifestyle as the railway turns back the clock to wartime Britain.

Trains depart every 45 minutes from 10.30am from Tenterden and Bodium. Tickets allow for unlimited trips on the train and at both locations you will be able to experience a nostalgic 1940's atmosphere created by the re-enactors.

For further information and to book you can visit- <https://kesr.org.uk/>

British Country Show Kent-

The British Country Show is being held on **Sunday 26th and Monday 27th May (10am-5pm)** at the Wings of Morning Field ub Wrotham. There is free parking available.

Over these two days there are a multitude of activities which are fun for all ages, including Falconry, Magic Shows and Rural crafts to name a few.

Discounted tickets for the event can be purchased online- <https://www.britishshow.co.uk/>

Wishing you all a lovely and restful weekend as we approach the last week of Term 5!

Kind regards,

Emma Hickling
Executive Headteacher