



Monday 12th July 2021

Dear year 6 parents,

As the time draws nearer that we have to say goodbye to our year 6 pupils, I am writing to you with the last transition tip letter of the year. This one is a bumper edition and contains the tip, a checklist and a prompt sheet. I hope you have found these letters useful .

Last of the weekly tips for Y6!?!

We are sure that both you and your child will have some feelings of anxiety and trepidation about the forthcoming change. It is completely understandable and natural to have these feelings, so please do not worry! Try to be as calm and hide any of your personal anxieties from your children as they may pick up on these. Encourage your child to verbalise their worries (if any!) as we are sure that they can be easily eased! Positivity is key!!

Your son/daughter may come home with a checklist to go through together, but we would encourage you to revisit the following over the summer holidays. You may also receive some information for you to look through too, which may also help into Y7

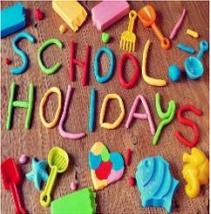
- Continue to chat about thoughts/feelings about moving to their new school. Be led by their discussions as well as ‘dropping’ things into conversations. Do they want to share their transition book? Your child may come home with their transition books/information - Chat about the activities/tasks that they have completed – which ones did they find the most/least interesting/useful/informative? Do they have any further thoughts/opinions/questions?
- What is your child now doing independently that they didn’t or couldn’t do before? What can they further do? Are they confident with tying their tie? Shoe laces?
- Check through the list of uniform/equipment your child needs – your son/daughter may want to help you to feel involved with the process
- Are you reminding your son/daughter about red/green questions? Decide if they are asking you questions that they should be able to problem solve. Encourage and reassure that they **are** able to find most solutions themselves!

- How will your son/daughter be travelling to school? Have you practised their journey? Can you make the bus/train journey together? Have you downloaded the Arriva app on both yours and their device? Ask them questions about what they would do.... If the bus is late? If the bus pass is lost? (hopefully you will have been able to apply for this now)
- Summer holidays are a time to relax and recharge, but towards the end, nearing the time to return to school, try to introduce regular sleep patterns with bed and waking up times. This will help your son/daughter to ease back into school day routines.

Remember to stay positive about the exciting new challenges that lay ahead.

We wish you all the very best with this exciting new chapter in your child's life!

I have included the checklist referred to above, below.

 <h2 style="text-align: center;">Things to do over the Summer Holidays to get ready for Secondary School</h2>	
<p>Keep chatting with friends from Primary school and be brave with talking to peers who you know are going to the same secondary school, but you might not be as close too.</p>	
<p>When/if you go to cafes, restaurants, shops make sure you order items yourself and practice buying your own food or drink.</p>	
<p>Practise your journey to and from school – can you do this with a friend?</p>	

Have you organised a place at home where you can complete your homework?	
Make sure that you have all the necessary equipment ready for the new term	
Familiarise yourself with the school website and any transition information that is on there. Remind yourself of the layout if there are useful maps or interactive tours/videos	
Make sure that you know how to tie a tie, that you can do your shoelaces, and are confident that you can get dressed (e.g. for PE) quickly	
Enjoy your summer!	

On the last sheet of this letter, under my signature is the list of suggestions that you may want to do with your child over the summer.

On behalf of the staff of Aspire, we wish all of our year 6 pupils who have shown such positivity and strength over the last 18 months, the very best of luck in the next stage in their education.

Kind regards,

Emma Hickling
Executive Headteacher
Aspire Federation

Some suggestions for parents/carers

Here are some ideas that may help with your child's Secondary Transition

Encourage your son/daughter to talk about school



- Their likes/dislikes, what they feel that they are good at and perhaps

What they are worried about

- What are they looking forward to?
- What will they miss about Primary?
- How do they feel about friendships?

Don't pressure them – they will talk when they are ready.



Homework

- You may be given instructions from your Secondary school where to find out what homework is due. Familiarise yourself as to where this information is available but remember that it is your child's responsibility to complete it – you might just need to support!
- Schools encourage parents to help, but it's not for the parents to do!
- Keep an eye on the amount of time that they are spending completing tasks – check that they are not spending too much or too little.
- Speak to the school if you as soon as you have any concerns

Get organised

- What can you do to empower your child to be more independent over the summer?
- Make a list together of all the uniform, equipment that they need. What are the rules around shoes? The bag that they can use? What are the rules around hairstyles/makeup?
- Is there anything they need to practise? E.g. tying a tie? Their shoe laces?
- Where will they do their homework?
- Where will their timetable be displayed?
- Help to make lists of what they need each day
- Remind them that you won't be packing their bags for them!
- Discuss with them their daily routines including bedtimes – can you decide on the rules/expectations together?
- What are the rules around screen time/devices?
- What are the arrangements with money for lunch/snacks and for travelling, etc? Can they independently order food in a café?
- Have you practised the journey to/from school? Will your child benefit from the 'Arriva Bus' App? If they are cycling, do they know where they will store